



## IHR 2022 Summer Swim Team Information

Hi Neighbors!

IHR will again participate in the American Energy Swim Club Summer Swim League, a league made up of young swimmers from neighboring communities.

Summer swim team will run from Tuesday, June 7 through the All City Meet scheduled for Tuesday, July 19 at the Mitch Park YMCA in Edmond. Summer League offers an opportunity for kids to learn more about competitive swimming, be a part of a team, get some exercise, and meet other kids, all while learning basic swimming techniques. There is no minimum age requirement, but the League recommends that your child be able to comfortably swim the full length of the pool (approximately 25 yards).

### Tentative Dates:

- **NOW:** Online Registration is OPEN: <http://www.teamunify.com?memRegStart.jsp?team=recaesl>  
Cost is \$140 per swimmer. AESC will collect all dues online via credit card.
- **Week of June 7th:** Morning practices at the IHR pool will begin. Practices will be held daily on Tuesdays, Wednesdays, Thursdays & Fridays. Though practice times have not yet been finalized as the final coaching assignments have not been made, the younger group (8 and under) will tentatively practice from 9:30-10:15 and the older group (9 and up) will tentatively practice from 10:15-11:00 a.m. It is not mandatory for your child to attend all practices but we encourage swimmers to make any practices they can.
- Our meets with other Edmond neighborhoods are tentatively scheduled for Saturday mornings OR Monday evenings during the league season. As enrollment progresses and we communicate with our Neighbors at other pools we will communicate accurate meet dates and times. It is not mandatory that your child participate in all meets.

Please feel free to reach out to me with any questions at (515) 451-4106 or [Ashley.adrianse@gmail.com](mailto:Ashley.adrianse@gmail.com).

Sincerely,  
Ashley Adrianse, IHR AESC Pool Rep